TE★AS EAR, NOSE & THROAT Specialists, L.L.P.

817-540-3121

INSTRUCTIONS FOR ENG

- 1. Nothing to eat, or drink after midnight.
- 2. No Dramamine, Valium, Antivert, Meclizine, Alcohol, or Antidepressants 72 hours prior to the test.
- 3. No make-up.
- 4. Dress Comfortably.
- 5. It is advisable to have someone available to drive you home. There may be some nausea associated with this test.

This test takes approximately 1 hour to complete. If you have any questions about these instructions, please call.